**A Cold & Cough Hot Toddy**

**by Alex in Ottawa**

**Supplies You’ll Need**

* 2 ounces whiskey or bourbon Get some pretty good quality. You’re sick! You deserve the best!
* 1½ tablespoons honey
* 4 ounces water
* 2 teaspoons lemon juice
* 1 cube crystallized ginger - optional.
* 1 slice fresh lemon for garnish

**Making the Magic Happen**

* Mix together whiskey, water, and lemon juice in a microwave-safe bowl (2 ounces whiskey or bourbon, 4 ounces water, 2 teaspoons lemon juice)
* Microwave for 1 minute, or until it's piping hot.
* Stir in the honey and drop in the ginger if using (1½ tablespoons honey,1 cube crystallized ginger)
* Garnish with a lemon slice.
* And enjoy on a comfy couch with a good book!